

**FOR IMMEDIATE
RELEASE**

PAUL VAJDA "J.P. METRAS NOMINEE"

Sophomore guard Paul Vajda (6'2-262; Montreal) is the 1988 O-QIFC candidate for the J.P. Metras Trophy. This prestigious trophy is awarded annually to the outstanding lineman in the C.I.A.U. The award was initiated in 1974 to recognize the achievements of John Pius Metras who coached the University of Western Ontario to nine league championships.

"Paul's athletic ability and constant presence in the open field made him a dominating force", said Coach Skip Rochette. Vajda had a banner season for the Stingers and helped anchor one of the top offensive lines in the country. The second-year economics student started as a rookie in 1987, after an outstanding career at Vanier College. A Quebec CEGEP All-Star in 1985 and 1986, Vajda upholds the reputation for excellence on the Stinger's offense line.

"Since 1981 - every offensive lineman on the Stingers has had a professional try-out except one", adds Coach Skip Rochette, "And that one person was a league All-Star".

Paul's brother Bryan was also a big factor on the Stinger's offensive line. They, along with All-Star Richard McCrory, Pat Aboud and Jacques Moreau, provided Ron Aboud with the protection he needed to achieve All-Star status at quarterback.

The last three O-QIFC candidates for the J.P. Metras Trophy have been from Concordia. All-Canadian Mike Bertone and Rocco Romano were the previous candidates.

Vajda was heavily recruited by CIAU and N.C.A.A. schools (Bowling Green, Maryland and Oregon State). "I chose Concordia for its Business program and for its great track record in getting offensive lineman into the C.F.L.", states Vajda.